

#### Main Sub-headings

- Hospitals / providers
- Access
- Transportation
- Farm / hh safety
- Fire safety
- Food security
- Obesity / nutrition / wellness
- Chronic disease management
- Immunization / prevention
- Livability
- Food deserts
- Mental / behavioral health
- Aging in place
- Health insurance literacy
- Zombie apocalypse

#### Resources

- National teams (health literacy)
- Nat'l / state / regional obesity teams
  - o Healthy living initiative
  - o Community design folks, place making (NEA)
  - o NRHA
- eXtension
- RHSE / NIFA / AFRI – Basic / integrated obesity prevention
- State organizations / agencies
- RCPNC (UK)
- Ridge / cape
- Rural health works
- CDC – EPA
- Agrability (?)
- Dept senior services
- AARP adm. Community living

#### Resources needed

- People
- Volunteers
- Infrastructure
- Local community folks
- Metrics – vibrant community
- Research – what's needed in a community
- Cultural shift / willingness to collaborate
- Workforce development
- Healthcare field
- Transportation resources
- Mental health services
- Interchange b/w public health / ext.

Brainstorm Ideas – very young 3-5 – 12ys old / all ages

- Youth focus, with parents participation / listening
- Family focus
- Youth as advocates for change (cultural)
- Environmental approach
- Youth grow it so they eat it / community gardens
- Access to care
  - o Innovative solutions
  - o Mobile units
  - o Health networks
  - o Working with hospitals / clinics
  - o Peer trainers with youth
- prevention side
- helping to get people to participate in ACA
- metrics to identify healthy / vibrant communities
- using mobile devices / technology
- integrated education / activity programs
- indicating mental health as “acceptable”
- partnerships with senior action center
- incorporating community design in to senior living – transportation
- entrepreneurial ideas for transportation services
  - o uber / rideshare
- health resources for international populations
- recruiting / training new health professionals

Together we can:

- commit to and identify environmental changes and affecting the attitude : culture of the next generation to improve the health and safety of rural populations

Participants

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